Immediate Care Training
IRELAND
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Advanced Life Support (ALS): Maternal Cardiac Arrest Module

Self-directed online learning | Approximately 1–2 hours | €50

Course overview

Maternal cardiac arrest is a life-threatening emergency that can occur in any healthcare setting. It presents unique challenges because resuscitation decisions affect both the pregnant patient and foetus. This module explores the causes of maternal cardiac arrest, physiological changes in pregnancy, modifications to standard resuscitation procedures, and ongoing management strategies.

Course learning objectives

- Identify factors influencing maternal morbidity and mortality in relation to maternal cardiac arrest.
- Describe how to determine a differential diagnosis for maternal cardiac arrest.
- Describe physiological changes of pregnancy that affect resuscitation of the mother and foetus.
- Discuss modifications required in maternal resuscitation protocols.
- Describe key components of the response to cardiopulmonary arrest during pregnancy.
- Discuss ongoing resuscitation strategies when initial interventions do not achieve return of spontaneous circulation (ROSC).

Course specifications

- True Adaptive online learning, with a selectable level of competence.
- Compatible with mobile devices, tablets and common web browsers.
- Web-accessible curriculum designed for inclusive learning.
- No classroom attendance or separate practical skills assessment is required for this online module.

Intended audience and booking

For advanced healthcare professionals, including emergency physicians, emergency and obstetric nurses, nurse practitioners/advanced practitioners, midwives and paramedics. Available to book at any time, with no fixed course dates. Learners can begin after receiving their course access code.

Certification and continuing education

On successful completion of the online learning activities and course evaluation, participants may obtain an American Heart Association (AHA) Certificate/Statement of Credit, subject to the current AHA requirements. This module does not award an ACLS Provider eCard.

- Physicians: up to 0.50 AMA PRA Category 1 Credits™.
- Nurses: 0.75 ANCC contact hours.
- Paramedics / EMS: 0.75 CAPCE Advanced CE hours.
- Physician associates: up to 0.50 Category I hours through AAPA credit acceptance.
- Nurse practitioners: AANP accepts qualifying AMA PRA Category 1 Credit™.

Accreditation period stated for this course: 19 October 2025–18 October 2028. US CE credits may not automatically satisfy Irish or UK CPD requirements. **Confirm current AHA entitlements before publishing.**