

Immediate Care Training

Practical emergency care education · Ireland & the UK

BLS for Healthcare Professionals

American Heart Association BLS Provider Course — Classroom

Fee: €145 per person

Duration: Approximately 4 hours

Time: 10:30 am–approximately 2:30 pm

Venue: ALSAA Sports Complex, near Dublin Airport

Parking: Free parking available

Course overview

Instructor-led classroom training combining theory, hands-on practice and team-based scenarios. Develop practical skills and confidence in recognising cardiac arrest, delivering high-quality CPR, using an AED and managing choking in adults, children and infants.

Who should attend?

Healthcare professionals and students requiring initial BLS certification or renewal, including nurses, doctors, dentists and allied healthcare professionals.

What you will learn

- Recognition of cardiac arrest and activation of emergency help
- Adult, child and infant CPR; one-rescuer and two-rescuer BLS
- Safe and effective AED use
- Rescue breathing and bag-mask ventilation
- Choking management in adults, children and infants
- Teamwork, communication and the Chain of Survival

Practice, assessment and certification

Practise with training equipment, instructor guidance and feedback. Successful completion of the knowledge and practical skills assessments leads to an official AHA BLS Provider eCard, valid for two years.

Combine BLS with Anaphylaxis Management

Both courses are available on selected dates for €195. BLS runs first, followed by Anaphylaxis Management, with the combined day finishing at approximately 4:30 pm. Check availability when booking.

Dates, booking and group enquiries

View upcoming BLS course dates and book online →

For workplace training, group enquiries or alternative dates, contact us.

Email: info@immediatecaretraining.ie

Telephone: 087 768 3441

Course information updated 6 October 2026. Please check the booking page for current dates and availability.