

IMMEDIATE CARE TRAINING

AHA HeartCode BLS + Anaphylaxis Management

Course information | €245 | Blended BLS learning and face-to-face Anaphylaxis Management

Course overview

This combined course brings together the American Heart Association (AHA) HeartCode BLS blended-learning pathway and face-to-face Anaphylaxis Management training. It is designed for healthcare professionals who need practical BLS Provider certification and structured training in recognising and managing anaphylaxis.

What the €245 fee includes

- AHA HeartCode BLS online licence: self-directed learning completed before the practical session.
- BLS practical skills session: approximately four hours of instructor-led practice and assessment.
- Anaphylaxis Management: approximately three hours of face-to-face teaching and practical discussion.
- Certification: AHA BLS Provider eCard after successful completion of both BLS components, plus ICT Anaphylaxis attendance/CPD documentation as applicable.

Part 1 - AHA HeartCode BLS online learning

Work through the AHA online modules at your own pace. You must successfully complete the online component and bring or provide your completion certificate before the BLS practical assessment. The online completion certificate alone is not an AHA BLS Provider eCard.

Part 2 - BLS practical skills and assessment

- High-quality adult, child and infant CPR; recognition of cardiac arrest and activation of help.
- AED use, effective ventilation, choking management and coordinated team response.
- Practical feedback and skills assessment with an AHA Instructor.

Part 3 - Anaphylaxis Management

- Recognition of anaphylaxis and prompt emergency response.
- Adrenaline administration principles, monitoring, escalation and handover.
- Practical application of relevant guidance, emergency action planning and scenario-based discussion.

Who should attend?

Healthcare professionals and healthcare students seeking a flexible route to AHA BLS Provider certification alongside Anaphylaxis Management training.

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Certification, CPD and booking

Certification

After successful completion of the HeartCode BLS online programme and required hands-on skills assessment, participants receive an AHA BLS Provider eCard valid for two years. Anaphylaxis Management participants receive relevant ICT attendance/CPD documentation. Anaphylaxis training does not replace the separate BLS skills assessment.

CPD recognition (NMBI)

For professional CPD recording, one point per hour of relevant learning may be recorded in accordance with applicable professional requirements. Record the actual time completed in the online, practical BLS and anaphylaxis components. This statement does not indicate that NMBI has formally accredited or directly awarded points for the course.

Duration and delivery

- HeartCode BLS online: self-paced; completion time varies by learner.
- BLS practical skills: approximately four hours, face-to-face.
- Anaphylaxis Management: approximately three hours, face-to-face.

The face-to-face sessions are arranged according to the published course schedule. Confirm the timetable and joining instructions before travelling.

Venue

Scheduled face-to-face training is normally held at ALSAA Sports Complex, Dublin Airport. The confirmed venue, date and start time will be provided with booking information.

Value and alternative booking options

The combined package costs €245. Booking the €195 HeartCode BLS blended course and €95 Anaphylaxis Management course separately would total €290, so this package offers a €45 saving.

- Online Learning Only – €95: AHA HeartCode BLS online component only; no practical skills assessment or BLS Provider eCard.
- Practical Skills Session Only – €145: for participants who have already completed HeartCode BLS online learning.
- Complete HeartCode BLS Blended Learning – €195: online licence and practical BLS training/assessment, without anaphylaxis.

Before you attend

- Complete the HeartCode BLS online component and have your completion certificate available.
- Review any anaphylaxis pre-course materials and confirm the joining instructions.
- Contact ICT if you are unsure which training pathway is right for you.

Enquiries and bookings

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