

Immediate Medical & Emergency Care (IMEC)

Two-day practical course | General practitioners and community healthcare professionals

Course overview

A practical, scenario-based programme designed to prepare general practitioners and other healthcare professionals working in the community to assess and manage common emergencies. The course brings together adult and paediatric resuscitation, trauma and medical emergencies, using current evidence, discussion, skills practice and small-group workshops.

Who should attend?

General practitioners and other healthcare professionals working in community, primary-care and immediate-care settings.

Key learning areas

- Recognition of cardiac arrest, high-quality CPR, AED use, ventilation and choking management in adults, children and infants
- Community first response: recognition and initial management of myocardial infarction, communication and patient care reporting
- Advanced first-response skills addressed in the programme, including oxygen delivery, suction and airway adjuncts
- Initial assessment and management of trauma; airway and ventilation; shock and fluid replacement; spinal movement restriction and handling
- Adult medical emergencies: breathlessness, chest pain, diabetic emergencies and head injury including concussion
- Assessment of the ill child, including dehydration, asthma, croup and anaphylaxis
- Teamwork, communication, rapid practice scenarios and structured clinical decision-making

Teaching approach

Instructor-led lectures and demonstrations are combined with rotating hands-on skill stations, case-based workshops, rapid practice scenarios and mentor feedback. Participants practise in small groups in a supportive learning environment.

Programme structure

Day 1: BLS and community first-response content in the morning; trauma assessment, airway/ventilation, shock, immobilisation and rapid practice scenarios in the afternoon.

Day 2: Further rapid practice scenarios; adult medical emergency workshops; assessment of the ill child; paediatric emergency skill stations; knowledge assessment and feedback.

Assessment

The programme includes practical skills assessment, a multiple-choice knowledge assessment (MCQ) and mentor feedback.

Certification

Successful participants receive an official American Heart Association (AHA) BLS Provider eCard, valid for two years, following completion of the required assessments.

Dates, venue and booking

Course dates, location, fees and booking arrangements will be confirmed by Immediate Care Training. For information or enquiries, email info@immediatecaretraining.ie.